

Recipe of the Month - January



Jacket potato, cheese and beans

Just 3 ingredients make up this simple but tasty meal, meaning hardly any preparation time and a lot less washing up!

Ingredients:

4 x Baking potatoes
200g Cheddar cheese, grated
2 x tins baked beans

Method:

1. Pre-heat the oven to 220°C/425°F/gas 7 and bake the potatoes for about 20 minutes on the top shelf. Turn the oven down to 190°C/375°F/gas 5 for 45 mins – 1 hour until the potatoes are cooked through.
2. Heat baked beans in a saucepan until hot through.
3. Cut a cross in the top of each potato, sprinkle on some cheese and top with the beans – simple!

As this recipe comes in at 65p per portion you could also afford to add a little side salad to give it a healthy boost!