

What you'll need:

- ✓ 4x 175-200g chicken breasts
- ✓ 65g unsalted butter,
- √ 100g finely chopped shallots
- √ 4 garlic cloves, crushed
- √ 200g chestnut mushrooms, cleaned and finely chopped
- ✓ 2 tbsp mixed chopped fresh parsley and thyme
- ✓ Olive oil

METHOD

- 1. Preheat the oven to 180°C. To make the mushroom butter, melt half the butter in a frying pan and add the shallots and garlic. Cook on a low heat for a couple of minutes until soft. Add the mushrooms and increase the heat slightly, then cook for a further 3 minutes until a thickish paste has formed. Cool slightly and then mix into the rest of the softened butter with the chopped herbs and seasoning to taste.
- 2. Slice the chicken lengthways and at the side, then spoon the mushroom butter into each pocket and secure with a cocktail stick.
- 3. Rub the outside of the breasts with a little oil and season. Roast on the top shelf of the oven for 25 minutes or until golden brown and cooked through. Leave to rest for 3-4 minutes before serving.







