BARED DIPPY EGGS

- ✓ 1 large slice of ham
- ✓ 8 small spinach leaves
- ✓ 8 cherry tomatoes
- √ 4 eggs
- ✓ 1 matchbox-size piece of cheese
- 4 slices of bread, toasted, buttered and cut into dippers to eat with them



Younger children will need a hand with this, particularly with grating!

Instructions

- Preheat the oven to 180 °C (160 °C fan)/Gas 4. Set out four ramekins and cut the ham and spinach into strips. Put some in each ramekin.
- Crush the cherry tomatoes into a bowl using your fingers. Spoon 2 tomatoes and some juices into each ramekin.
- Break an egg into a bowl (watch out for shell pieces) and carefully tip the egg into the ramekin. Do the same with the other eggs so you have one in each ramekin.
- Grate the cheese and sprinkle some on top of each egg. Put them in the oven on an oven tray for 10-12 minutes or until the egg white has set.

